

Public Classes at West Australian Ballet Frequently Asked Questions

Where are you located?

The West Australian Ballet Centre is located at 134 Whatley Crescent Maylands, WA 6051. All classes are in our upstairs studios, but make sure you sign in downstairs before heading up to your studio.

Where can I park?

There are a limited number of unmarked bays at the front and back of the Ballet Centre. Please do not park in designated staff parking bays. Some street parking is available on the north and south sides of the building and also at the Maylands train station and Eighth Avenue. Please read the parking signs carefully to avoid fines.

Who can attend public classes?

Anyone aged 18 and up.

Can you do a trial class or attend on a casual basis?

Students are welcome to trial a class or attend casually, providing there is availability in the class. To enroll in a class casually, head to our <u>website</u>.

How much does it cost?

Casual Class: \$18

10 Class Pass: \$150

20 Class Pass: \$280

5-Week Ballet Basics Introductory Course: \$75

All classes have a six month expiry from the date of purchase. Any unused classes after this six month date will be forfeited

Do you need dance experience?

Our Ballet Basics Introductory Course requires no dance experience what so ever. However beginner, intermediate, advanced ballet and pointe require experience. Please see below.

How do I know what level is right for me?

Ballet Basics Introductory Course – No experience what so ever, this class is for complete beginners. For more information, see below.

Beginners Ballet – We recommend at least one year of ballet experience for this level. This class is for those who know the basics of ballet but are not yet ready to progress to the intermediate level.

Intermediate Ballet – This class is for those who have several years experience in ballet and have a sound understanding of ballet technique. This class requires moderate cardio, strength and flexibility.

Advanced Ballet – This class is for participants with a strong knowledge and considerable experience in ballet technique or those advised by WAB teachers to advance from the Intermediate level. This class requires a high level of cardio, strength and fitness. Pointe – This class is designed for those who have considerable experience with ballet technique and have worked en pointe before or have been recommended for the class by WAB teachers.

If you are unsure which class best suits your skill level, please contact West Australian Ballet.

What is the Ballet Basics Introductory course?

Ballet Basics is run as a five week introductory course. These 5 classes will repeat class content and build on previously learnt content from week to week. Exercises and class structure will refresh and change at the commencement of each 5 week block. New students will not be permitted to join mid-way through a five week block, they must enroll in the next course. For course dates, see our website. Students will still need to discuss their progression from this class with their teacher. As a general rule we advise students to repeat this course a minimum of 4 times before progressing to Beginners Ballet.

Can I watch a class?

Watching class is not permitted because it can make our adult students feel uncomfortable and we want our classes to be a positive experience. If you are enrolled in a class and want to watch your class because you are sick or injured, then watching is permitted.

How do I enroll and pay?

Enrolments are done online through our <u>website</u> where you simply create a login, purchase a casual class or a class pass and then enroll in as many individual classes as you like.

Payments are made online using a credit or debit card. We accept all major credit and debit cards, excluding American Express. All transactions will incur a small processing fee. Please note, West Australian Ballet has a no refund policy.

No walk-ins and no payments at the door

We do not accept payments or enrolments at the door. All payments and bookings must be made prior to arrival.

What do I wear?

If you don't have dance wear, we advise wearing fitted yet comfortable gym clothes, with long hair tied back. For footwear, those enrolled in a full-term of ballet must purchase ballet shoes, but bare feet are acceptable for the first class. Please **do not wear socks** to class as this makes our studio floors slippery. Unfortunately we don't sell shoes or dance wear at WAB, there are many dance wear retail stores throughout the Perth metropolitan area, Google is the best way to find a store near near you.

It is very important that you **don't wear any body lotions**, **sunscreen or hair products** to classes at WAB, as this can rub off onto the floor during stretches or floor work and over time make the floor slippery and dangerous.

What should I bring to class?

It's best to bring a water bottle, and a small towel if needed. Bags are permitted in the studio, but must be placed to the side or back of the studio. Please ensure mobile phones are switched off. No food, or drinks other than water, are to be brought into or consumed in the studios. This includes chewing gum.

What time should Larrive?

On your first class it is important that you arrive around twenty minutes beforehand, to allow time for parking, registration and getting your bearing of the building. After your first class please arrive at least ten minutes before class to tick off your name but no earlier than one hour. Please note that students enrolled in the 6.15pm classes are not permitted upstairs until 5.45pm due to WAB rehearsals. Students are welcome to wait in our foyer or stretch in our downstairs studio prior to 5.45pm.

Disclaimer form

When you create an account online, all students must sign a disclaimer form. This ensures you understand that dance classes involve risk of injury and that WAB accepts no responsibility for injury or loss caused during our classes. You must ensure that you are physically and mentally fit for the class and that you are responsible for your personal safety.

What if I can't make it?

Students have an option to "drop out" of a class if they are unable to attend the class. If the student drops out at least three hours before a class start time, the class will be put back onto their account for them to use at a later date. However, if students "drop out" less than three hours before the class start time, this class will be forfeited.

What if I'm late?

Students will **not be permitted into class** if they are more than 10 minutes late to class. This is for health and safety reasons.

Am I guaranteed a spot in the same class each week?

Students are not guaranteed a place in the same class each week. The responsibility of enrolments lies with the student. Classes are available for enrolment up to 6 months in advanced, so we advise enrolling in a class well in advance. As students also have a drop out option, it may be worthy checking for vacancies the day of or day before the class.

Teachers and timetables

Teachers, timetables and studios are subject to change.

Public Classes Contact Info:

Phone: 9214 0709

Email: publicclasses@waballet.com.au

Online Enrolment: www.waballet.com.au/learn/adult-dance-classes/